



DIPLOMA IN PUBLIC HEALTH NUTRITION AND LIFESTYLE MEDICINE

Introduces theoretical and practical knowledge and skills by combining public health nutrition and lifestyle medicine to multi-sectoral health care professionals. Both components get together to inform health professionals about how they can recognise, manage, communicate and research nutritional and lifestyle concerns at the individual, community and population level.

DELIVERY MODES

- ✓ Online Lectures
- ✓ Group Discussions
- ✓ PowerPoint Presentations
- ✓ Web Based Learning using the latest version of LMS
- ✓ Video Clips
- ✓ Class activities - Class Participation



ONLINE CLASS



Nutrition Facts
Serving Size Entire Recipe 187g (187 g)

Amount Per Serving	
Calories	Calories from Fat 31
% Daily Value*	
Total Fat	
Saturated Fat	
Trans Fat	
Cholesterol 0mg	

FOR QUERIES

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