



HEALTH SERVICES ACADEMY



Post graduate diploma in  
Public Mental Health

**PAKISTAN'S  
FIRST HYBRID  
DIPLOMA IN  
PUBLIC MENTAL  
HEALTH**

**ADMISSION FOR  
2024-2025**

**Become aware of the Public Mental  
Health perspective, particularly  
preventing mental illness and promoting  
mental health.**

## FACULTY



**Prof. Dr. Shahzad Ali Khan**

MBBS, MBA, MPH, PhD,  
Fellow Royal College of Physicians UK  
Vice Chancellor - HSA



**Prof. Dr. Abid Malik**

Head of Department, Public mental Health  
MBBS, MRCPsych, MSc, DPM, PG Dip,  
FRCPsych, PHD (UK)



**Prof. Atif Rahman**

Professor of Child Psychiatry &  
Global Mental Health Primary Care  
& Mental Health  
MBBS, DipPsych, MRCPsych, M.Res, Ph.D.



**DR. IKHLAQ AHMAD MALIK**

Assistant Professor  
Public Mental Health  
Ph.D

## ELIGIBILITY

Graduation in Medicine,  
Psychology and Public  
Health.

Modules of the course  
will covers range of  
topics from basics of  
public mental health,  
primary care level  
evidence based  
interventions to  
diagnosis and  
management of  
mental health  
disorders.

## THIS DIPLOMA WILL ENABLE YOU:

- To detect priority psychiatric conditions, particularly those covered in mhGAP in primary care
- To strengthen the referrals to specialized mental health facilities.
- To better understand psychopharmacology and appropriate medication.
- Crisis intervention coupled with risk assessment and risk management training
- To Provide holistic care skills based on biopsychosocial markers of mental illnesses.

0300-5549109  
0344-1538716



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**LET'S GROW WITH US**