

# CERTIFICATE ON WEIGHT MANAGEMENT



3 days (Certificate) online Classes



## Admissions Open

### FEE

20,000/- PKR

### FACULTY MEMBERS

- DR SHAHZAD ALI KHAN (V.C HEALTH SERVICES ACADEMY)
- DR HAJRA (H.O.O ALLAMA IQBAL OPEN UNIVERSITY)
- DR. SHAKILA ZAMAN (PAEDIATRICIAN, EX DIRECTOR HEALTH SERVICES ACADEMY)

### ELIGIBILITY CRITERIA

OPEN FOR ALL

### DESCRIPTION OF CERTIFICATE:

- Weight management prevention and its causes
- Physiology of nutrient metabolism
- Weight management in sedentary and bed ridden patients
- Caloric calculation & nutrient calculation
- Demonstration of serving sizes & models
- Physiology of nutrient metabolism
- Post baby weight loss

### OUTCOMES:

skilled professional in field of health specialists



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