

Diploma (certificate) in dieto-supplementation



Admissions Open



Duration: 3months

Mode: Online

Fee: 40k

FACULTY MEMBERS

- DR SHAHZAD ALI KHAN (V.C HEALTH SERVICES ACADEMY)
- DR HAJRA (H.O.O ALLAMA IQBAL OPEN UNIVERSITY)
- DR. SHAKILA ZAMAN (PAEDIATRICIAN, EX DIRECTOR HEALTH SERVICES ACADEMY)

ELIGIBILITY CRITERIA

Graduates and undergrads both can apply.

DESCRIPTION OF CERTIFICATE:

Introduction to Dietary Supplements

Nutritional Foundations

Vitamins, minerals and trace elements

Enzymes

Herbal supplements

Food products and functional foods

Drug-nutrient interaction& supplemental therapy against diseases

Sports nutrition supplements: Protein powders, creatine, and

performance enhancers Weight management supplements: Fat

burners, appetite suppressants, and metabolism boosters Brain

health supplements: Omega-3 fatty acids, antioxidants, and

cognitive enhancers Aging and longevity supplements: Anti-

aging compounds, antioxidants, and immune boosters

Pharmaceutical visits



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