

# Diploma (certificate) in dieto-supplementation



## Admissions Open



**Duration:** 3months

**Mode:** Online

**Fee:** 40k

### FACULTY MEMBERS

- DR SHAHZAD ALI KHAN (V.C HEALTH SERVICES ACADEMY)
- DR HAJRA (H.O.O ALLAMA IQBAL OPEN UNIVERSITY)
- DR. SHAKILA ZAMAN (PAEDIATRICIAN, EX DIRECTOR HEALTH SERVICES ACADEMY)

### ELIGIBILITY CRITERIA

Graduates and undergrads both can apply.

### DESCRIPTION OF CERTIFICATE:

Introduction to Dietary Supplements

Nutritional Foundations

Vitamins, minerals and trace elements

Enzymes

Herbal supplements

Food products and functional foods

Drug-nutrient interaction & supplemental therapy against diseases

Sports nutrition supplements: Protein powders, creatine, and performance enhancers  
Weight management supplements: Fat burners, appetite suppressants, and metabolism boosters  
Brain health supplements: Omega-3 fatty acids, antioxidants, and cognitive enhancers  
Aging and longevity supplements: Anti-aging compounds, antioxidants, and immune boosters  
Pharmaceutical visits



03338138503

051-9255592-5



[www.hsa.edu.pk](http://www.hsa.edu.pk)